

### ***Symmetry Wellness EAP (Employee Assistance Program)***

Work, family, finances – all important aspects of life that often, without notice, can easily be knocked out of balance. A minor disagreement with a spouse that escalates into a week long stalemate; a free-spirited teenager who knows more than you do; an elderly parent who no longer can live without assistance. Restoring balance can be the difference between one hour and a lifetime.

Often, life events fix themselves without professional involvement. But then there are those other times, when we can't seem to see the forest for the trees. Often, it takes an outsider to look in, to see what we can't, to fix what isn't yet broken. Stress and distraction are costly. Critical needs, like the productivity of your workforce, customer relationships and the ability to control healthcare and disability costs can be placed in jeopardy. Restoring balance can be the difference between a lost account, a production line error or a strong finish.

### ***What if ensuring balance for your workforce was easy? What if there was a way to help your employees regain focus, increase attendance, productivity and outlook at work, and at home?***

There is. It's called the Symmetry Wellness EAP. Custom-tailored to fit your particular work environment, work force, and industry. Let Symmetry become an extension of your business and help you make the most of your most valuable investment, your employees.

Symmetry Wellness makes our clients happy...and loyal, averaging 7 years with a nearly perfect customer service and satisfaction record. Symmetry Wellness EAP has you, and you and you, covered. At any given time Symmetry Wellness is covering 115,000 employees and their family members.

Symmetry EAP is anywhere you are – including virtually. Symmetry has offices in the Toledo, Defiance, Bowling Green and Findlay area. But we don't stop there. Some of our offices are equipped with tele-video technology, and telephonic counseling capability. Symmetry Wellness EAP also has an extensive network of counselors throughout the country – who adhere to the same standards of practice and service we do.

So no matter where you are (and you might be just down the street) we are there too.

### ***Symmetry Employee Assistance Program***

For more information, call us at: 419.475.5338 or toll free 800.422.5338